

5B Assembly – Thursday 17th November 2011

Using the Eco theme 'Food For Thought', Form 5B considered what the 'food miles' means and the effects on the environment. They performed scenes, which included one from Jamie Oliver, reinforcing ways to reduce food miles eg looking at labels, buying locally sourced foods, growing our own fruit and vegetables, using farmers' markets and nearby farm shops, selecting seasonal foods, checking if foods are Fair Trade and making sure that we walk or cycle to the shops where possible. The children involved the audience and also gave them a useful website to view www.greatgrubclub.com

